NATIONAL CONFERENCE OF PUERTO RICAN WOMEN-SoCal

NUESTRAS VOCES

PRESERVING OUR HERITAGE AND RIGHTS THROUGH
MENTORSHIP AND LEADERSHIP FOR A BETTER TOMORROW



VOL 2, JULY 2022

WHO WE ARE

NACOPRW is a nonprofit,
nonpartisan organization seeking to
promote the full participation of
Puerto Rican and other Hispanic
women in the social, economic and
political life in the United States. The
Southern California Chapter (SoCal)
achieves this by educating,
developing leadership among Puerto
Rican women and providing role
models for our youth and our
community.

NACOPRW-SoCal celebrates what unites all of us: our love and respect for Puerto Rico, its traditions and people.

BOARD MEMBERS:

ANAIDA COLÓN-MUÑIZ, ED.D. PRESIDENT MARJORIE PATTON, MS, CPC, ELI-MP 1ST VICE PRES. GLORIA SAN MIGUEL, MBA, 2ND VICE PRESIDENT SONIA COLÓN-LAMAS, BA, AFIP, TREASURER MARIE NUBIA FELICIANO, PH.D., SECRETARY

For more information about our chapter, membership or donations visit us at:

www.nacoprwsocal.org

Editorial - Entre Nosotras

PRESENTING OUR EDITORS FOR THIS ISSUE:



Nilsa J. Thorsos & Gloria San Miguel



Being a NACOPRW-SoCal Member

Who are we, as Puerto Rican women living in California and members of NACOPRW Southern California Chapter?

We all share familiar stories of how we came to live to California. We share an understanding about our culture, language, and sense of identity regardless of place of birth and upbringing. Our narratives are very diverse in terms of how we got to California, where we came from, and how we connect to our roots in Puerto Rico. As Puerto Ricans, we affirm and express our sense of identity in unique ways. We are a product of 400 years as a Spanish colony and then as US territory since 1898. For over a century, we have been heavily influenced by the American political, economic, and social ethos. It is undeniable that there is a strong influence of American culture on us but despite this, we remain clear on our identity as Puerto Ricans. You can get a taste of this if you attend the yearly Puerto Rican parade in New York, or from actors and other famous people who are proud to let the world know their heritage as Boricuas. NACOPRW-SoCal is another opportunity to express the joy of being a Puerto Rican woman, as it is a space where we connect, support and celebrate each other.

We are very happy that you are here to celebrate what joins us: our love and respect for Puerto Rico, its traditions and people. ¡Gracias comadres!



WISHING ALL OUR MEMBERS A RELAXING AND SAFE





EL FOGÓN SORICUAby Marjorie Patton, Second Vice-President

FLAN PARA TODO EL MUNDO!

In Puerto Rico, as well as in Mexico and many other Latino countries, Flan is a classic dessert. We must thank the Roman Empire for this delicious tradition, but the sweet dessert we know today is more of a Spanish creation, as Flan was originally a savory Roman dish which evolved and was later brought as a sweet dish to Latin America from Spain. With time, other cultures added their own flair and experimented with different flavorings, creating a versatile dessert that literally "todo el mundo" enjoys.

Here is my version of Flan de Coco. This recipe is my mother-in-law's. Thank you, Clara, your flan has earned me many accolades!

Instructions:

- Pre-heat oven at 350 degrees
- Make caramel to coat the dish where you will bake the flan (melt 1 cup of sugar in low heat)
- For the flan mix, blend the following ingredients in your blender (I like to use slow speed to avoid air bubbles):
- 5 eggs
- 1 can of evaporated milk
- 1 can of condensed milk
- 1 can of Coco Lopez
- ½ teaspoon of corn starch
- Pinch of salt or two





- Pour the mix in the pan coated with the melted sugar and bake in a water bath (or "baño de María) for 60 minutes.
- Let it cool, flip it, and serve!



Borinquen in San Diego by Sonia Colón Lamas, Treasurer



Nestled between quaint cottages from all over the world, sits "House of Puerto Rico", in the historical Balboa Park, San Diego. Recognizing the increase of the Puerto Rican population in Southern California, Sra. Casilda Pagán founded this non- profit organization in 1972. As a member of the House of Pacific Relations, in 1998, she was invited to build a cottage, where the Puerto Rican community could meet, host events and share the beautiful history of Puerto Rico with folks from all over the world.

On June 18th I attended their "Día De San Juan Celebration", with presentations of Bomba, and Salsa Dancing, a great Band and, delicious Puerto Rican food. NACOPRW-SoCal was welcomed publicly by their Treasurer, Joe Carballo, with very gracious remarks about our organization and our scholarship program. As a result, we have received several applications from students in San Diego.

On August 6th, The House of Puerto Rico invited NACOPRW-SoCal to present information about our history and future plans. This is going to expose our Chapter to a larger group of Puerto Ricans in Southern California.

A sincere thanks goes out to the House of Puerto Rico Board members as we look forward to a fruitful relationship that can support our Puerto Rican Community.

To learn more about The House of Puerto Rico, San Diego you can visit: www.houseofpuertorico.com You can also watch a 3-minute CBS News San Diego Channel 8 video "A Look Inside the House of Puerto Rico in Balboa Park" https://youtu.be/wpOVd9exEgU

BORICUA COLLABORATION



Front of the House of Puerto Rico in San Diego



IWEPA!

2022 OCCTAC COMMUNITY PARTNERS EVENT

BY GLORIA SAN MIGUEL, SECOND VICE PRESIDENT

On May 5th, 2022, NACOPRW So-Cal's President, Anaida Colón Muñiz and I had the pleasure of attending the Orange County Children's Therapeutic Arts Center's (OCCTAC) Community Partners Event. This great annual event recognizes the organizations and people that support OCCTAC's efforts to provide innovative, artistic, educational, and therapeutic programs that transform and inspire children, at-risk youth, and families. OCCTAC is the first and only organization in Orange County offering unique programming that combines the arts, academics and creative therapies to help youth realize their highest potential. We are very proud of NACOPRW-SoCal's Dr. Ana Jiménez-Hami, the Founder and Executive Director of "El Centro", as she lovingly calls it. The evening's program included words from Vicente Sarmiento, Major of the City of Santa Ana, several City Council members, and community partners. There were also impressive, music and dance performances by the students of the Centro. Each of the partners received a beautiful work of art made by students. A beautiful informative video was presented showing the students, teachers, and contributors of the Centro in action (use QR code below to see 10-minute video.)

NACOPRW-SoCal was proud to be recognized as a donating partner in support of OCCTAC on Giving Tuesday, 2021.



Front row sixth from left to right: OCCTAC founder & NACOPRW-SoCal's member, Ana Jiménez-Hami; Front row first and second from right to left, representing NACOPRW-SoCal's are President, Anaida Colón-Muñíz and Second VP, Gloria San Miguel.



To learn more about the OCCTAC watch this video



Follow the OCCTAC on Social Media:

https://www.facebook.com/OCChildrensArts

https://www.instagram.com/occtac/

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MEMBER SPOTLIGHT SOL REYES-ROBERTS, RN

BY MILLY C. LUGO-RIOS, CONTRIBUTOR



Thank you Sol for being a part of NACOPRW-SoCal!

Sol Reyes-Roberts was born in NYC of Puerto Rican parents. Her childhood was spent between New York, New Jersey, and Puerto Rico. She graduated with a degree in nursing from the Universidad de Puerto Rico. After graduating, Sol went to work at Hospital Universitario Centro Médico in Río Piedras, Puerto Rico. In 1974 she moved to California where she worked at UCLA and Cedars Sinai Medical Centers. Sol also spent several years as a School Nurse, a Director of Nursing, and Administrator in Home Health Services.

As a breast cancer survivor, Sol saw a need to provide support to Hispanic women dealing with the disease. She helped organize the "Cafecitos Hope" support group, offering education and resources to Spanish speaking breast cancer survivors.

Sol lives in Laguna Beach with her husband, Ken. She has a daughter, a grandson, and a granddaughter. Her granddaughter is also pursuing a career in Nursing.

It was the NACOPRW-SoCal sisterhood that attracted Sol to the organization. She has served as Vice President and has given talks to the young women and mothers in our signature program "De Mujer a Mujercita". Sol's strong spirit of service makes her a valuable NACOPRW-SoCal member. We are happy to have her in our organization!

Interested in joining NACOPRW-SoCal?

Go to www.nacoprwsocal.org/membership and complete & send us your application.

EL RINCON DEL COQUÍ:

Save the date! Nos vamos pa' Miami...

NACOPRW's National Annual Convention is back celebrating its 50th Anniversary! Join us for informative presentations, a gala, and a fundraising golf tournament.

Date: October 21 to 23, 2022 Location: Miami Lakes Hotel 6842 Main Street Miami Lakes. FL 33014 Room Code: NACO1022

For registration you can go to www.nacoprw.org

Let's make a big delegation of SoCal "comadres" to celebrate the 50th Anniversary of NACOPRW National

2022 Scholarship Committee Update

June 25th was the Scholarship Applications deadline. We received a record of 13 applications! The Committee is now reviewing this first round of applicants. Awardees to be announced in early August.

NACOPRW-SoCal at La Casa De Puerto Rico

On Saturday, August 6th our Executive Board will travel to the House of Puerto Rico in San Diego to network and present our organization. We would like to take a delegation of members. We're leaving at 1:30 pm from the Outlets in San Clemente. Reach out to a board member if interested in joining the caravan.

BOMBA CONNECTION!

Congratulations to our Graduates:

Arianna Benítez graduated this past May from Chapman University. Arianna was a NACOPRW-SoCal Scholarship recipient in 2018 and has been a member ever since. She graduated with honors with a BA in Sociology and was accepted to USC Law School where she begins in the fall.





Jenisty Colón graduated this past may from Chapman University. She was a 2021 NACOPRW-SoCal Scholarship recipient and we hope she becomes an active member. She graduated with honors as she majored in Communication Studies. Jenisty continues her education at USC for her Master's Degree in Communication Management.





j Felicidades!

Meet our Newsletter Team:



Nilsa J. Thorsos Contributor



Nicole Hernández Contributor



Milly C. Lugo-Ríos Contributor



Marjorie Patton Contributor



Sonia Colón-Lamas Gloria San Miguel Contributor



Committee Chair

Summer is here and the Newsletter Team is back. Love working with this amazing group of ladies that every quarter gets together to bring the latest news and information to our Chapter. This would not be possible without your help. Gracias de corazón!

To all our dear members, let us know your comments and ideas for this your Newsletter. Join us!

Send us your ideas to nacoprwsocal98@gmail.com

